

## BEM SEX ROLE INVENTORY

**Rate yourself on each item, on a scale from 1 (never or almost never true) to 7 (almost always true).  
When you have completed the inventory, transfer your ratings to the inventory score sheet. [Click here](#)  
[for score sheet](#)**

- |                        |                                   |                                 |
|------------------------|-----------------------------------|---------------------------------|
| 1. self reliant        | 21. reliable                      | 41. warm                        |
| 2. yielding            | 22. analytical                    | 42. solemn                      |
| 3. helpful             | 23. sympathetic                   | 43. willing to take a stand     |
| 4. defends own beliefs | 24. jealous                       | 44. tender                      |
| 5. cheerful            | 25. leadership ability            | 45. friendly                    |
| 6. moody               | 26. sensitive to other's needs    | 46. aggressive                  |
| 7. independent         | 27. truthful                      | 47. gullible                    |
| 8. shy                 | 28. willing to take risks         | 48. inefficient                 |
| 9. conscientious       | 29. understanding                 | 49. acts as a leader            |
| 10. athletic           | 30. secretive                     | 50. childlike                   |
| 11. affectionate       | 31. makes decisions easily        | 51. adaptable                   |
| 12. theatrical         | 32. compassionate                 | 52. individualistic             |
| 13. assertive          | 33. sincere                       | 53. does not use harsh language |
| 14. flatterable        | 34. self-sufficient               | 54. unsystematic                |
| 15. happy              | 35. eager to soothe hurt feelings | 55. competitive                 |
| 16. strong personality | 36. conceited                     | 56. loves children              |
| 17. loyal              | 37. dominant                      | 57. tactful                     |
| 18. unpredictable      | 38. soft spoken                   | 58. ambitious                   |
| 19. forceful           | 39. likable                       | 59. gentle                      |
| 20. feminine           | 40. masculine                     | 60. conventional                |